

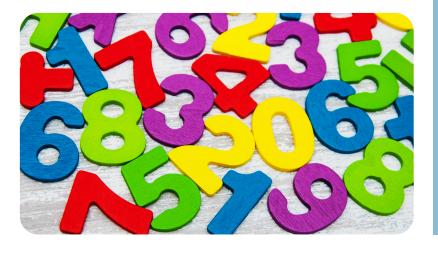
## **GETTING READY FOR KINDERGARTEN**



### **Supporting Your Child**

Kindergarten is an exciting time for students and families! It is also a nervous time for parents as it signals the start of your children's journey in education. It is critical that you support your child in getting ready for this big transition, which in turn will also help you as a parent feel prepared.

When children are getting ready for kindergarten there are academic skills, self-care skills, social and emotional skills that are important for their readiness. Learn about the different kinds of skills kids are expected to have when they start kindergarten and what activities you can do at home to support them through this process.



## **OVERVIEW:**

- Language Skills
- Reading Readiness Skills
- Math Skills
- Self-Care Skills
- Social Emotional Skills
- Fine Motor Skills
- Gross Motor Skills

There are key skills that are important for all children to know before they start kindergarten. These skills will ensure they have a successful start and transition. Children develop skills at different rates. It's not unusual for children to have strong skills in one area and weak skills in other areas. It is important that you communicate this to your child's teacher so you can partner together to support your child's learning

# Skills and Activities to Support Kindergarten Readiness

#### **Language Skills**

- Speak in complete sentences in English and/or their native language
- Use words to express needs and wants when asking for things at home.
   For example: I need to drink water. I want to play.
- Understand two-step directions.
  Make sure to break down directions into two steps. Ask your child what was step 1? What is step 2?
- Make comparisons and describe relationships between objects like big/little, under/over, and first/last. Point out things on your walks or at home. Ask your child which object is big or little, under, or over, first or last.

#### **Reading Readiness Skills**

- Foster a joy for listening to stories by sharing stories orally or reading books aloud
- Know how to find the first page of a book and which way to flip the pages by reading with your child everyday.
- Recognize familiar logos and signs, like stop signs. On walks ask your child what does that sign mean?
- Recite the alphabet and identify most of the letters. Sign the alphabet song, point out letters when reading, and have your child name the letters out of order in the alphabet.
- Recognize and try to write their own name. Practice writing their name each day. Have them name the letters in their name in and out of order.

- Recognize when two words rhyme (like cat and bat). Play a rhyming game with your child by coming up with a word like cat and asking them to think of as many other words that rhyme. Read rhyming books like Dr. Seuss books in English or other languages.
- Start to connect letter sounds to letters (like the sound of the first letter in their name)
- Draw a picture to help express an idea. Have art time with your child each day and discuss different ideas that can be drawn.

#### **Math Skills**

- Count from 1 to 10 without skipping numbers. Use objects at home to support your child's counting, Make sure they touch the object and say the counting word aloud.
- Match a number to a group of five or fewer items. For example: How many pencils are on the table? 3 pencils.
- Recognize and name basic shapes (square, circle, triangle, rectangle) using everyday items at your home.
- Understand more than and less than by comparing amounts of things. For example: How many more apples are there than oranges?
- Arrange three objects in the right order (like from smallest to biggest).
- Name or point to the 8 basic colors: red,blue, green, yellow, orange, purple, brown, black.

#### **Self-Care Skills**

Now enrolling TK-K students

• Use the bathroom and wash up on their own.

- Get dressed on their own. Support practice with buttons, zippers, and shoelaces.
- Know and can say their first and last name and age.

#### **Social Emotional Skills**

- Separate from a parent or caregiver without getting overly upset. Remind your child that grown ups always come back before leaving.
- Pay attention for at least five minutes to a task an adult is leading, like listening to directions for an activity, reading a book, or cooking a food that they can help with.

#### **Fine Motor Skills**

- Use a pencil, crayon, scissors with some control
- Draw basic shapes (Circle, Triangle, Square, Rectangle
- Make distinct marks that look like letters and write some actual letters, especially the ones in their name
- Put together a simple puzzle with a picture as a support.

#### **Gross Motor Skills**

- Ensure they engage in running.
  Race them down a block or play a game with a soccer ball.
- Jump with feet together and hop on one foot by drawing a hopscotch on the floor.
- Climb stairs
- Bounce a ball and try to catch it.





At KIPP Poder we believe in ensuring our instruction is reflective of our students' identity, history, and roots in order to unleash their poder onto the world. Our school provides a caring, nurturing, and responsive learning environment for our students, families, and community.

We are a public charter school which means we serve the community in the Montebello Unified School District and provide a free and excellent education.We are a public charter school which means we serve the community in the Montebello Unified School District and provide a free and excellent education. We hope you consider us in enrolling your child. We are now enrolling TK-K students for the Fall 2021. Please reach out to Ms. Salazar-Garza the founding School Leader by calling (323) 430-0775 for more information.